

CONVERSATIONS ON

UPHOLDING

Justice

AT THE INDIVIDUAL LEVEL

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Inspiration is important. Finding hidden truths within ourselves is amazing. But there are some truths which can only emerge through dialogue and consultation.

Having meaningful conversations and building collective visions is like a super-power that enables us to build fellow-feeling, uncover solutions to problems in our daily lives and communities, and design paths to action which allow us to work together to really improve things; even if the steps are simple, even if the challenges seem great.

With this in mind, Elevate would like to give you a couple of questions which might help kick-start a conversation about this week's theme. These questions might be explored as a group after collective worship, around a family dinner-table, or on your daily walk-and-talk phone call with your best friend. However you choose to explore this theme, whichever questions strike a chord with you, we hope that you will enjoy the new understanding and actions that result from your journey!

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Justice

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*Why is it important to see
with our “own eyes”?*

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*What opportunities exist for us
to be champions of justice in
our homes, workplaces, public
spaces, or among friends?*

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*How does continually re-examining
our own attitudes, values, and
relationships relate to justice?*

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What qualities characterise an individual who sees all of humanity as members of one body?

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For inspirational quotes and prayers about this week's theme, take a look at our [Meditations](#) document.

Visit the Elevate Hub to enjoy more [collections of themes](#) and [let us know](#) how they've supported you in your personal journey, or your efforts to improve the life of your community.

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